



Dance Class Preparation List

- ***Dance Shoes*** - It's important to bring the proper dance shoes to class. Make sure they fit properly as well. RDW has a variety of dance shoes for purchase and will fit each student properly. See Savannah, Ali, or Roz for help. Students will need all black shoes for ballet, tap, jazz, and hip hop unless otherwise stated by the Instructor.
- ***Clothing*** - Students may wear comfortable clothing such as leggings, capris, sweatpants, leotards, tights with skirts, dance shorts, t-shirts, and long sleeves. As temperatures change outside and in studio, it's good to have choices you can layer easily.
- ***Cleanliness*** - Dancers need to come to studio clean, hands washed and hand sanitizer applied. A fresh layer of deodorant should be applied before class when appropriate (age, clothing worn, etc...)
- ***Hairbrush, Comb, Elastic Ties, Barrettes & Head Bands*** - You never want your hair to interfere with your movement. It's important to secure your hair off of your face. Pony tails, buns, and braids are recommended but any hairstyle that keeps your hair out of your face is acceptable. Also, it's a good idea to carry a spare tie/clip for yourself in case yours breaks.
- ***Antiseptic Wipes & Hand Gel*** - During these trying times of COVID, it's important to disinfect your hands constantly. We ask for now, to do this before every class participation. There is equipment, bars, and choreography that may require touching and we want to take every precaution to keep our students, staff, and instructors COVID and germ free.
- ***Water Bottle*** - Hydrate, Hydrate, Hydrate! Always carry a bottle of water to hydrate continuously before, during, and after class. It's important to do so as you will sweat in class. Large refillable water bottles are highly recommended.

- ***Dance Bag*** - So you have all these things, where do we put it all? Students need to pack their items in a bag that contains all the things they need for class with easy access.

We look forward to Seeing You!